

LEARNING OBJECTIVES

2-22-18

DESIRED OUTCOMES

At the end of the presentation, attendees will be able to:

- define metabolic syndrome and discuss its prevalence, epidemiology, and clinical implications.
- identify patients at risk for metabolic syndrome and encourage aggressive lifestyle intervention to prevent its implications.
- prepare to assess cultural diversity issues in risk, incidence, prevalence, disease burden, or mortality associated with metabolic syndrome and/or cultural disparities in access, diagnosis at more advanced stages, or less adherence to treatment regimens.