

LEARNING OBJECTIVES

5-14-20

DESIRED OUTCOMES

At the end of the presentation, attendees will be able to:

- cite current statistics on deaths from cardiac-related disease, compared to other causes.
- determine best practice for treatment of hypertension, statin use, treatment of obesity, primary prevention aspirin, Mediterranean diet, coffee intake, and alcohol intake in the prevention of heart disease, dementia and cancer and incorporate into practice.
- prepare to assess cultural diversity issues in risk, incidence, prevalence, disease burden, or mortality associated with cardiovascular disease and/or cultural disparities in access to care or less adherence to treatment regimen.