

LEARNING OBJECTIVES

6-30-20

DESIRED OUTCOMES: At the end of the activity, attendees will be able to:

- identify the reasons for a heightened risk for burnout, compassion fatigue (secondary traumatization) and moral distress during the COVID-19 pandemic
- identify empirically-proven strategies for strengthening resilience and stress-related personal and professional growth.
- identify strategies for maintaining balanced emotional involvement in patient care
- prepare to assess cultural diversity issues in risk, incidence or prevalence associated with burnout/compassion fatigue and/or cultural disparities in access to tools and coping strategies.