

LEARNING OBJECTIVES

12-9-21

PERFORMANCE GAP/ ACTIVITY NEED: Aspirin for primary prevention has been a controversial topic for many years. While some, but not all, guidelines recommend against routine aspirin use for primary prevention, many patients continue to take aspirin for this purpose even without physician's recommendation. In October 2021, USPSTF revised their previously favorable recommendations for aspirin for primary prevention. This has generated some confusion with some physicians and patients questioning aspirin even for secondary prevention where its role is established. [Source: S. Kaul, MD, personal communication, 12/7/21]

DESIRED OUTCOMES: At the end of the activity, attendees will be able to:

- 1. review primary prevention trials for aspirin.**
- 2. evaluate benefit-risk balance for aspirin in primary and secondary prevention.**
- 3. discuss guideline recommendations.**

LEARNERS: all clinicians

DESIRABLE PHYSICIAN ATTRIBUTES: apply evidence-based practice, provide patient-centered care