

LEARNING OBJECTIVES

5-27-21

PERFORMANCE GAP/ ACTIVITY NEED: One in four U.S. households includes someone with migraine headaches. However, over 50% of migraine patients remain undiagnosed, unaware of current effective treatments. There are key questions to ask patients regarding headache history. Education of patients regarding modifying lifestyle behavior and discussion of treatments for both acute headache and headache prevention are critical. [Woo, personal communication]. Headache is one of the most common reasons patients are seen by primary care physicians. An update on new treatments available for headache/migraine has been requested by members of the PSJMC Medical Education Committee.

DESIRED OUTCOMES: At the end of the activity, attendees will be able to:

- utilize specific questions when obtaining a headache history.
- evaluate the wide array of pill, nasal, and injection acute migraine therapies.
- evaluate various headache prophylaxis options, including new CGRP inhibitors.

LEARNERS: neurologists, OBGYN, internists, general/family practitioners, radiologists

DESIRABLE PHYSICIAN ATTRIBUTE: provide patient-centered care; apply evidence-based practice