

LEARNING OBJECTIVES

PERFORMANCE GAP/ ACTIVITY NEED: Cannabis was used by an estimated 200.4 million people (95% CI 141.4 to 256.4 million) worldwide in 2019, approximately 4 percent (95% CI 2.8 to 5.1 percent) of the global population age 15 to 64 years. [Source: UpToDate] The number one reason that people use “medical marijuana” is for the treatment of pain, but the evidence to support the efficacy and safety of cannabinoids for this indication is limited. Healthcare providers have a gap in knowledge regarding the risks and benefits of cannabinoids for the treatment of pain. New studies on the efficacy of THC and CBD for the treatment of pain are now available that can be incorporated into patient care guidelines [Source: JPierre, 1/17/23, direct communication].

DESIRED OUTCOMES: At the end of the activity, attendees will be able to:

- list the number one reason that people use cannabis for medicinal purposes.
- describe predictors of cannabinoid effectiveness in the treatment of pain.
- list common side effects from smoked cannabis use.

LEARNERS: pain specialists, palliative care, orthopedic surgeons, rheumatologists, neurologists, internists, general/family practitioners, psychiatrists, psychologists

DESIRABLE PHYSICIAN ATTRIBUTE: provide patient-centered care, employ evidence-based practice

CULTURAL/LINGUISTIC DIVERSITY/IMPLICIT BIAS (AB241) Reflect on the patient populations most affected and consider how implicit bias may impact appropriate care of these patients. It is helpful to understand the demographics of those who use cannabis for pain.