

LEARNING OBJECTIVES

2-9-23

PERFORMANCE GAP/ ACTIVITY NEED:

Hyponatremia is a common electrolyte abnormality caused by an excess of total body water when compared to total body sodium content. The information provided during this CME will include common causes of both acute and chronic hyponatremia, as well as their similarities and differences. In addition, the management of, and treatment modalities for, hyponatremia will be reviewed.

DESIRED OUTCOMES: At the end of the activity, attendees will be able to:

- Identify/diagnose the different causes of hyponatremia.
- Determine appropriate workup for management of hyponatremia.
- Identify/recognize the pitfalls of hyponatremia management.
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LEARNERS: Nephrologists, cardiologists, endocrinologists, family practice including PA and NP as well as all ancillary clinical staff.

CLC/IB IDENTIFIED: Ethnic/age bias- the elderly residents in long-term care facilities are especially vulnerable.

DESIRABLE PHYSICIAN ATTRIBUTE: provide patient-centered care, employ evidence-based practice